**Tower Hamlets Universal Credit Residents Support Team**

**Sessions and Referrals**

**Shamim Ahmed (Resident Support Outreach Officer)**

Wednesday – Poplar Job Centre

Friday – Hoxton Job Centre

**Karen Begum (Resident Support Outreach Officer)**

Monday - Poplar Job Centre

Tuesday – Mowlem Children’s Centre

Wednesday - Financial Health Centre (Massingham Street E1)

Friday – Meath Gardens Children’s Centre

**Helal Uddin (Resident Support Outreach Officer)**

Tuesday – Hoxton Job Centre

Thursday– Whitechapel Idea Store

Friday - Poplar Food Bank

A link to our referral form

Tel: 020 7364 4082

[amy.bassi@towerhamlets.gov.uk](mailto:amy.bassi@towerhamlets.gov.uk)

**Please click** [here](https://forms.towerhamlets.gov.uk/en/AchieveForms/?form_uri=sandbox-publish://AF-Process-7bb0ac56-3813-4f8f-ae78-f7ca07509dec/AF-Stage-888b7c43-eb68-4b2f-8b4d-11027d54f62b/definition.json&redirectlink=%2Fen&cancelRedirectLink=%2Fen&consentMessage=yes) **to refer a Tower Hamlets resident to the Resident Support Outreach Team**