

HEALTHY START



Want to help improve the health of local children aged 0–4?

Do you work with families who receive the following benefits and have children from 0 – 4yrs old?

- Income Support
- Income related Employment & Support Allowance
- Income based jobseeker's Allowance
- Child Tax Credit Universal Credit
- Under 18 year old and pregnant

If yes this workshop is for you!



Come along to find out what you can offer families

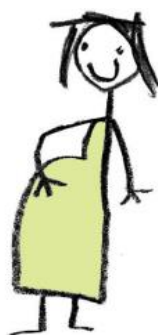
There are **8,167** families in Tower Hamlets who are entitled to Healthy Start Vouchers but are not claiming them. This workshop will provide you with all the information you need to help you engage with families about the scheme including:

- Where to collect the application from and who it needs to be signed by.
- What information parents need to complete the form.
- What can be purchased using the vouchers
- How to find out what stores accept the vouchers.



What will I get?

I am pregnant



What will I get?

I am 3 yrs old and my sister is 1 yrs old.



What will I get?

I have twins!!



If interested please email pearl.stanislaus@towerhamlets.gov.uk to book your space onto one of the sessions.

10th June from 1:30 to 4:30pm – Meath Gardens Children Centre
13th June from 9:30am to 1:30pm – John Smith Children Centre

We look forward to hearing from you!