

Get Online

Register today for **free** remote training sessions

funded by



TOWER HAMLETS



Working in partnership with We Are Digital we are offering remote training and support for residents who need help with essential IT skills including:

- How to video call friends & family
- Using social media such as Facebook (*inc. Internet Safety*)
 - Arranging GP appointments by video
 - Shopping online (*due to travel restrictions*)
- Doing online banking (*safer than telephone banking*)
- How to access your social landlord housing portal
- Government forms online & on the phone (*benefits such as Universal Credit*)
- Help with energy or switching bills

**Text registration - Text TOWER
and your name to: 07860098539
Phone number: 0114 551 2 551**