

Free advice if you are 65 or over

We can give free advice to you if you are aged 65 or over and also live in Hackney, Newham or Tower Hamlets. Find out how we may be able to help you receive financial help and any other support you may need.

We are offering telephone, face-to-face, and home visit appointments on Monday, Wednesday and Thursday.

To book an appointment:

T: 020 4591 6739

E: iap@eastendcab.org.uk

Please leave your name and contact details and someone from our team will contact you within 5 working days.



Registered charity number: 1082193