

Pathway to Employment

We believe that work leads to a *more fulfilling life and better wellbeing*

What is a Peer Employment Worker and how can they help?

Working Well's Employment Worker, is someone who has lived experience of mental health challenges, and is able to share their journey in order to support and encourage others in their recovery.

Who can access Peer Employment Support:

- > Over the age of 18 and above
- > A resident of Tower Hamlets
- > Do you live with mental health challenges and require peer employment support?

EMPLOYMENT HUB



workingwell
trust

Support is offered individually
and is tailored to include
practical, emotional, and social
wellbeing support.

A Peer Employment Worker can assist
individuals to progress towards
employment, and/or education, training
and volunteering opportunities.

**To access peer support
please contact.**

**Working Well Trust
First Floor Office,
Pritchard's Road Centre
Marian Place
E2 9AX**

Tel: 020 7729 7557

Email: upskill@wwtrust.co.uk



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